

2025

WEEKLY-HABIT PACT

WITH THE GOAL OF BECOMING, _____

I COMMIT TO _____ EVERY WEEK.

IF I MISS TWO WEEKS IN A ROW, I WILL _____

01 DEC.30 - JAN.05	02 JAN 06 - 12	03 JAN 13 - 19	04 JAN 20 - 26	05 JAN.27 - FEB.02	06 FEB 03 - 09	
07 FEB 10 - 16	08 FEB 17 - 23	09 FEB.24 - MAR.02	10 MAR 03 - 09	11 MAR 10 - 16	12 MAR 17 - 23	13 MAR 24 - 30
14 MAR.31 - APR.06	15 APR 07 - 13	16 APR 14 - 20	17 APR 21 - 27	18 APR.28 - MAY.04	19 MAY 05 - 11	
20 MAY 12 - 18	21 MAY 19 - 25	22 MAY.26 - JUN.01	23 JUN 02 - 08	24 JUN 09 - 15	25 JUN 16 - 22	26 JUN 23 - 29
27 JUN.30 - JUL.06	28 JUL 07 - 13	29 JUL 14 - 20	30 JUL 21 - 27	31 JUL.28 - AUG.03	32 AUG 04 - 10	
33 AUG 11 - 17	34 AUG 18 - 24	35 AUG 25 - 31	36 SEP 01 - 07	37 SEP 08 - 14	38 SEP 15 - 21	39 SEP 22 - 28
40 SEP.29 - OCT.05	41 OCT 06 - 12	42 OCT 13 - 19	43 OCT 20 - 26	44 OCT.27 - NOV.02	45 NOV 03 - 09	46 NOV 10 - 16
47 NOV 17 - 23	48 NOV 24 - 30	49 DEC 01 - 07	50 DEC 08 - 14	51 DEC 15 - 21	52 DEC 22 - 28	53 JAN 29 - 04

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SIGN HERE

ACCOUNTABILITY PARTNER